

Welcome to the Phoenix Recruiting Battalion.

The opportunities for success in this battalion are as immense as the natural beauty and the recreational opportunities the Southwest has to offer.

Recruiting duty places unusual and unexpected demands on the Army family. As the Battalion's Soldier & Family Assistance Program Manager and Health Benefits Advisor, I am here to help make this transition easier. I am available to help with questions or needs you may have with respect to TRICARE and the TRICARE Active Duty Family Member Dental Plan (United Concordia). As part of your inprocessing into the battalion, I will provide you with information regarding the above programs.

If you would like a SITES Book to the base nearest your duty station, please contact me and I will be happy to send one. The SITES book provides a great deal of information regarding housing, medical facilities, commissary, etc. You may also obtain SITES information from <https://www.dmdc.osd.mil/swg/owa>. Additionally, I can provide you with information concerning Lifeworks, Family Readiness Groups, and Army Family Team Building. (There are also links for these programs on this site.)

If there is anything I can assist you with, please do not hesitate to contact me at 1-800-790-0963 + 6 +3 or e-mail me at **Dena.Cashatt@usarec.army.mil**.

Sincerely,

Dena B. Cashatt
Soldier & Family Assistance Program Manager