

INSTRUCTIONS FOR ORDERING EYEGLASSES FOR RETIRED MILITARY PERSONNEL

If you are retired military, and eligible for other medical services, you are authorized to receive one pair of Standard Issue spectacles per year. These Standard Issue Frames may be viewed on the Internet at: <http://138.143.250.101/nostra/sif.htm>

- S-9/male
- S-8/female
- half-eye
- or
- 205/authorized only if patient requires oversize frames

If you are less than 50 miles from a military health clinic with optometry services, you may take your prescription for spectacles to them so that they may measure you for proper fit. They will order your spectacles from the appropriate facility. You find military clinics with optometry services on the NOSTRA web site at <http://138.143.250.101/nostra/eyewear.cfm>

If you are more than 50 miles from a military health clinic with optometry services, you may follow these instructions to order your glasses.

Print the form DD771 from the NOSTRA web site (<http://138.143.250.101/nostra/downloads/DD771.pdf>).

Please fill out the top section with your “name, “retiree”, and last 4”, along with your shipping and contact information. About halfway down the form, please indicate which *standard issue* frame you desire

Take this partially completed form with you to your eye exam. Ensure that the examining facility writes the prescription, and includes the *pupillary distance* (PD) on the form.

If your examining facility needs eyesize, bridge or temple information, they may find this on our web site at: <http://138.143.250.101/nostra/frames.cfm>

If you currently have Standard Issue frames please provide the frame size and temple length. (found inside the frame)

There must be a DD771 for each request for eyewear.

Send the following information to NOSTRA:

- One copy of the completed DD771 form,
- A copy of your military ID card.
- Your mailing address and a daytime phone number and email address if available.
- Our fax number is: 757-887-4647.
Make sure you write: “Retiree Order” on the fax.
- Our Mailing Address is: **NOSTRA**
160 Main Road, Ste 350
Yorktown, VA 23691-9984

Please call NOSTRA Customer Service at (commercial phone number) 757-887-7611 or 757-887-7152, right after you send your faxes to insure we received them and that all the information is included to fabricate your orders.

Call the NOSTRA Customer Service Department at 757-887-7611/757-887-7152 if you have any problems or questions or email us at nostramail@mar.med.navy.mil.

Our Customer Service hours are M-F, regular business days, from 0530 to 1530, Eastern Time.