

Baltimore Recruiting Battalion Gladiators

Soldier And Family Assistance (SFA)

Welcome

Our Soldier Family Assistance Programs wishes to assist Soldiers and families by providing services that promote self-sufficiency, resiliency, stability, and readiness. Baltimore Recruiting Battalion also desires to create family readiness groups (FRG) with members actively involved in volunteer programs. Our goal is to provide our clientele with the same access to quality Army Community, Family Advocacy and Tricare services that you can receive on a military installation.

Need Telephone Assistance?

If you wish to talk person-to-person, you may contact the Battalion Soldier Family Assistance Program Manager, Ms Meritta Dawson, at telephone (301) 677-7060.

Other Assistance Resources

In order to speak person-to-person with a representative in our higher command, you may contact the Brigade Soldier Family Assistance Program Manager at telephone (301) 677-2571 and/or you may dial one of the eight Battalion Program Managers by dialing, 1-800-790-0963. You will be asked for the number of your brigade and then you must select the number corresponding with the battalion you wish. You may also seek assistance through one of the below listed web-sites:

USAREC

- Family Resource Guide: http://www.usarec.army.mil/downloads/hq/HRD/SFA/USAREC_FamilyResourceGuideMar2013.pdf
- Soldier Family Assistance: <http://www.usarec.army.mil/hq/HRD/SFA/index.shtml>

Spouse's Handbook: <http://www.usarec.army.mil/downloads/hq/HRD/SFA/SMASpousesHandbook.pdf>

Childcare Assistance Program: <http://www.naccrra.org/>

Army

- Army Career and Alumni Program (ACAP): <https://www.acapexpress.army.mil/default.aspx>
- Army One Source (Army Community Services): <http://myarmyonesource.com/default.aspx>
- Military Family Network: <http://www.emilitary.org/index.html>
- Army Child and Youth Services: <http://www.armycysconnections.com/>
- Family Readiness Group: <http://www.armyfrg.org/skins/frg/home.aspx>
- Military Pay: <http://www.dfas.mil/>
- Legal Services: <https://www.jagcnet.army.mil/legal>
- Civilian Personnel Office: <http://cpol.army.mil/>
- Army Emergency Relief (AER): <http://www.aerhq.org/dnn563/>
- Federal Jobs: <https://www.usajobs.gov/>
- U.S. Army Home page: <http://www.army.mil/>
- Armed Forces Exchange Services (AAFES): <http://www.shopmyexchange.com/>
- American Red Cross: <http://www.redcross.org/>

Education

- Maryland Department of Education: <http://marylandpublicschools.org/msde>
- Delaware Department of Education: <http://www.doe.k12.de.us/>
- Virginia Department of Education: <http://www.doe.virginia.gov/>

- Washington D.C. Department of Education: <http://dcps.dc.gov/portal/site/DCPS/>
- West Virginia Education Department: <http://wvde.state.wv.us/>

Tricare

- Homepage: <http://www.tricare.mil/>
- Defense Enrollment Eligibility Reporting System (DEERS): <http://tricare.mil//deers>
- Remote: <http://www.tricare.osd.mil/tp/>
- Management Activity: <http://www.tricare.osd.mil/>
- Claims: <http://www.mytricare.com/internet/tric/tri/tricare.nsf>

Dental (MetLife): <https://employeeedental.metlife.com/dental/public/EmpEntry.do>

Ft Meade, Maryland

- MWR: <http://ftmeademwr.com/>
- ACS: <http://www.ftmeademwr.com/acs.php>
- EFMP: <http://ftmeademwr.com/acs/efmp.php>
- Family Resource Center: <http://www.ftmeade.army.mil/pages/airman/afrc.html>
- On-Post Housing: <http://meadepicerne.com/>

Ft Detrick, Maryland

- MWR: <http://www.detrick.army.mil/mwr/events.cfm>
- ACS: <http://www.detrick.army.mil/acs/>
- EFMP: <http://www.detrick.army.mil/efmp/>
- On-Post Housing: <http://www.ftdetrickhomes.com/>

Ft Belvoir, Maryland

- MWR and ACS: <http://www.belvoirmwr.com/Facilities/ACS/>
- EFMP: <http://www.dodhousingnetwork.com/army/fort-belvoir/base-directory.php?i=17>
- On-Post Housing: <http://www.villagesatbelvoir.com/>

Dover AFB, Delaware

- MWR: <http://www.dodhousingnetwork.com/air-force/dover-afb/base-directory.php?i=38>
- EFMP: <http://www.dodhousingnetwork.com/air-force/dover-afb/base-directory.php?i=17>
- On-Post Housing: <http://www.doverfamilyhousing.com/>

Aberdeen Proving Grounds, Maryland

- MWR: <http://www.apgmwr.com/>
- ACS: <http://www.apgmwr.com/community/acs.html>
- EFMP: <http://www.dodhousingnetwork.com/army/aberdien-proving-ground/base-directory.php?i=17>
- On-Post Housing: <http://apgpicerne.com/>

Family Fun and Travel Information

- Ft Meade, MD: <http://www.ftmeademwr.com/itr.php>
- Ft Detrick, MD: <http://www.detrick.army.mil/leisuretravel/>
- Ft Belvoir, MD: <http://www.belvoirmwr.com/Facilities/ComCenter/LTS.php>
- Dover AFB, DE: <http://www.doverafb436fss.com/pages/main-website/leisure-activities/information-tickets-travel.php>
- Aberdeen Proving Grounds, MD: <http://www.apgmwr.com/recreation/travel/ltotickets.html>
- Naval Academy, Annapolis, MD: [http://www.usna.edu/MWR/programs.htm#MWR Facilities and Hours of Operation](http://www.usna.edu/MWR/programs.htm#MWR_Facilities_and_Hours_of_Operation)

- MacDill AFB, Florida: <http://www.macdillfss.com/mainmenusub-ll.aspx?SectionID=330>
- Space A Travel: <http://www.amc.af.mil/amctravel/>
- Armed Forces Vacation Club: <http://www.afvclub.com/>

The Battalion SFAPM Program is concerned with the personal and family needs of the Recruiting Battalion. It is based upon self-help; local problems are best resolved through local resources. Soldier and Family Assistance Programs are planned programs or activities that meet the needs and interests of Commanders, Soldiers and the recruiting family. Participation in these programs by Soldiers and family members is an individual versus official delegate capacity.

SFA Information

Family Readiness Groups (FRG)

a. The FRG is designed to be a link between units and families. FRG have assisted families in becoming more knowledgeable of the support programs and services available and have helped families become more self-sufficient. Through FRG efforts, we have a much more efficient use of community resources. When Soldiers know that their families are being taken care of, stress is reduced and their focus on the details of the mission is improved.

b. There is a strong correlation between contacts and FRG. When a new spouse is contacted by another spouse and has subsequent contacts, studies indicate that this contact engenders feeling that they can count on the system and have a general sense of well-being (see fig 4-1). Positive spouse attitudes account for a 30% increase in retention.

Volunteer Management

Volunteerism is a tradition within the Army. Volunteers play a particularly important role within Baltimore Recruiting Battalion because of the unique difficulties our family's experience. These differences include spending little time with spouses because of military duties, the feeling of isolation due to living in civilian communities or assignments far from home. Many of Battalion's SFAPM programs would be impossible to provide at the current level of quality and quantity of services without the dedicated support of volunteers. The spirit of volunteerism is competing with a host of other interests of the potential volunteer-the desire for paid employment, the desire to pursue educational or recreational interests, family responsibilities, etc. We provide solid volunteer opportunities, sound management, and the ability to grow.

Financial readiness program

Soldiers assigned to Baltimore Recruiting Battalion often have financial obligations that differ from Soldiers assigned to other Army units and activities. The primary cause of this is the lack of installation support and services. Thus, the Baltimore Recruiting Battalion soldier incurs many living expenses that are avoided by living on or near an installation. The financial services offered are designed to help soldiers improve their credit reliability and reputation, to reduce levels on indebtedness, and to make their money work for them. Accordingly, SFAPMs are prepared to assist Soldiers and their families to obtain information regarding budget development, debt liquidation, and obtaining emergency funds when required.

Relocation readiness program

Each Recruiting Battalion has a newly established SITES location on the DOD SITES program. This program provides information, guidance, and assistance to support Soldiers and their families when moving into a new community. This program is an essential element of the sponsorship program and may be supplemented by the Battalion welcome or hospitality programs.

Information, referral, and follow-up service program

The information, referral, and follow-up service program provides commanders, Soldiers, and their families with information regarding military and civilian community resources. This objective is met by

linking Soldiers and their families requesting assistance with the appropriate agency or service.

Army FAP

This is a specialized program to prevent child or spouse maltreatment and its attendant problems. The FAP promotes public awareness within the recruiting community and coordinates professional intervention at all levels within the civilian and military communities. The Battalion Family Advocacy Program Manager (FAPM) coordinates the prevention, direct services, administration, evaluation, and training efforts of the FAP throughout Baltimore Recruiting Battalion to ensure compliance with AR 608-18.

EFMP

As a result of the selection process in USAREC, very few Soldiers, with exceptional family members, will be assigned to the command. However, there is always the possibility that an exceptional family member (Exceptional Family Member Participant) may join the Battalion's family (i.e., birth, guardianship, or adoption). These Soldiers may not realize that there are many military and civilian agencies that can assist them. Accordingly, the SFAPM is prepared to provide the Soldier or other family members with assistance.

AFTB

The Army Family Team Building (AFTB) Program is a commander's program designed to enhance personal and family preparedness by providing education and training in a wide variety of knowledge, skills, and behaviors intended to significantly enhance the overall readiness of the recruiting force.

Army Family Action Planning

The Army Family Action Plan (AFAP) seeks input from Soldiers and Army families regarding the most significant issues that affect their well being. These critical issues, solicited directly from Soldiers and family members are provided to leaders, and are worked toward resolution(s).

Health Care

TRICARE is a regionally managed health care program for Active Duty (AD) and retired members of the uniformed services, their families, and survivors. TRICARE brings together the health care resources of the Army, Navy, and Air Force and supplements them with networks of civilian health care professionals. The goal is to provide better access and quality service while maintaining the capability to support military operations.

Direct Care Medical Program

Direct Care Medical Program pays for health and dental care received by Soldiers from civilian health care providers. The Direct Medical Care Program does not cover family members.

TRICARE Dental Program

MetLife offers the TRICARE Dental Program (TDP) as a dental program for all seven Uniformed Services (Army, Air Force, Coast Guard, Marine, Navy, National Oceanic and Atmospheric Administration, and Public Health Service). The plan covers spouses and dependent children of active duty family members residing in the continental United States, Guam, the U.S. Virgin Islands, and Puerto Rico. It does not cover the active duty members. To enroll dependents in the program, the active duty member must complete DD Form 2494 (Uniformed Services Active Duty Dependent Dental Plan (DDP) Enrollment Election). The minimum enrollment period is 12 months. Active duty members must have 12 months left on their current term of service to enroll. Soldiers must contact their Recruiting Battalion SFA to enroll or for more detailed information.