

Biography

Staff Sergeant Michael LaRoche
Competition Parachutist, Formation Free Fall Team
U.S. Army Parachute Team, "Golden Knights"



Personal Statistics

Hometown: Riverside, Iowa

School Attended: Highland H.S. - USAF Academy

Biographical Sketch

SSG Michael LaRoche is an 88M, Motor Transport Operator, serving as a Competitor on the Free Fall Formation Team.

La Roche enlisted into the Army in 2008 after serving almost 6 years in the Air Force as an Aircraft Electrical and Environmental Technician. His initial entry training was at Ft Sill, Oklahoma. Now on Fort Bragg, the Army can utilize his extra skillset as a Free Fall Formation Team Competitor.

In September 2007, he attended the rigorous Assessment and Selection Program of which only twenty-five percent of the applicants were able to successfully complete. Upon the finish of the program he was knighted and assigned to the Black Demonstration Team.



Prior to making the United States Army Parachute Team, SGT LaRoche completed 3 years with the USAF Academy with a major in biology. As a competitor in the Inter Service Parachute Meet in 2006 he walked with the first place title in High Performance Canopy Piloting Sport Accuracy event. His most recent accomplishments include winning three Gold Medals at the 2011 U.S. Nationals and a Gold Medal for the Eight Way event at the World Cup in Saarlouis, Germany.

In addition to skydiving, with over 3,000 jumps, he enjoys a variety of outdoor sports.

www.armygoldenknights.com

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