

# Biography



*Sergeant First Class Angela Nichols*  
Competitor, Women's Competition Team  
U.S. Army Parachute Team, "Golden Knights"

## Personal Statistics

Hometown: Rowlett, Texas  
School Attended: Fayetteville Tech Community College

## Biographical Sketch

Sergeant First Class Angela J. Nichols is a medical specialist serving as a competitor on the Formation Freefall Team. This is Nichols seventh season on the team and third section assignment since coming to the team in 2000.

Nichols enlisted into the Army in 1998 and upon completion of her advanced individual training she was assigned to Fort Hood, Texas. In the fall of 1999 Nichols volunteered to attend the Knights Assessment and Selection Program and upon completion was 'knighted' and assigned to the Gold Demonstration Team.

She spent two years performing her duties on the demonstration team. She was then picked up as a competitor for the Style and Accuracy Team where she competed for three years at an international level winning many medals and accolades. Nichols tried out and was selected becoming the first female on the Formation Freefall Team. This qualifies her to compete with both competition teams.



Her recent accomplishments at World Competition include winning the Gold in Formation Skydiving at the Military World Championships at Resende, Brazil, 2011. She was a part of the Team setting two World Records once in 2004 and again in 2007. She also aided the Team in obtaining the Gold Medal for "Overall in Country". SFC Nichols attended the World Championships in Montenegro 2010, where the U.S. Team secured the Bronze for "Overall Country". She was selected to represent the U.S. Women's Team in Dubai, United Arab Emirates, 2012.

In her free time Angela enjoys spending time with her dog, cycling, hiking and traveling around the world with friends. Her future goals include winning many more medals for the Army and studying for a B.A. in Psychology.

[www.armygoldenknights.com](http://www.armygoldenknights.com)

Prepared by: Office of Media Relations  
U.S. Army Parachute Team  
2175 Reilly Road, Stop A  
Fort Bragg, NC 28310-5000  
Tel 910-396-7423 Fax 910-396-8325



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