

Biography

Staff Sergeant Howard Sanborn

Demonstration Parachutist, Black Demonstration Team
U.S. Army Parachute Team, "Golden Knights"



Personal Statistics

Hometown: Alton, New Hampshire

School Attended: Alton Central High School

Biographical Sketch

SSG Howard Sanborn is an Airborne Infantryman serving as a Demonstration Parachutist on the Black Team.

Sanborn enlisted into the Army in June 2000 and following his initial entry training he was sent to the Long Range Surveillance Company on Fort Bragg and completed two twelve month deployments in Iraq. In 2006 he went to the Joint Readiness Training Center at Ft Polk, Louisiana.



In September 2006, Sanborn attended the rigorous Assessment and Selection Program. Upon completion of the program, he was knighted and assigned to the Black Demonstration Team.

Prior to making the United States Army Parachute Team, Staff Sergeant Sanborn has completed Ranger School, Military free fall, Airborne and Pathfinder Schools. He has made 25 Airborne Static line and over 1,850 free fall parachute jumps.

In addition to skydiving, he also enjoys competing in Triathlons and is a Yoga Instructor.

www.armygoldenknights.com

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