

UNCLAS F O U O

HQDA EXORD 071-17 ACCESSIONS OCCUPATIONAL PHYSICAL ASSESSMENT TEST (OPAT) IMPLEMENTATION

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Originator: DA WASHINGTON DC

DTG: 092309Z Dec 16 Precedence: P DAC: General

To: ARLINGTON NATIONAL CEMETERY ARLINGTON VA, ARNG NGB COMOPS ARLINGTON VA, ARNG NGB J3 JOC WASHINGTON DC, ARNGRC ARLINGTON VA, ARNGRC WATCH ARLINGTON VA, CDR 5 ARMY NORTH AOC FT SAM HOUSTON TX, CDR ATEC ABERDEEN PROVING GROUND MD, CDR FORSCOM DCS G3 CENTRAL TASKING DIV FT BRAGG NC, CDR FORSCOM DCS G3 CURRENT OPS FT BRAGG NC, CDR FORSCOM DCS G3 WATCH OFFICER FT BRAGG NC, CDR MDW J3 FT MCNAIR DC, CDR MDW JFHQ-NCR FT MCNAIR DC, CDR NETCOM 9THSC FT HUACHUCA AZ, CDR TRADOC CG FT EUSTIS VA, CDR TRADOC DCS G-3-5-7 OPNS CTR FT EUSTIS VA, CDR USAR NORTH FT SAM HOUSTON TX, CDR USARCENT SHAW AFB SC, CDR USAREUR CG WIESBADEN GE, CDR USAREUR G357 WIESBADEN GE, CDR USASOC COMMAND CENTER FT BRAGG NC, CDR USASOC FT BRAGG NC, CDR USASOC MESSAGE CENTER FT BRAGG NC, CDR1STIO FT BELVOIR VA, CDR3RD ARMY USARCENT WATCH OFFICER SHAW AFB SC, CDRAMC REDSTONE ARSENAL AL, CDRFORSCOM FT BRAGG NC, CDRHRC G3 DCSOPS FT KNOX KY, CDRINSCOM FT BELVOIR VA, CDRINSCOMIOIC FT BELVOIR VA, CDRMDW WASHINGTON DC, CDRSDDC ALEXANDRIA VA, CDRUSACE WASHINGTON DC, CDRUSACIDC FT BELVOIR VA, CDRUSACYBER FT BELVOIR VA, CDRUSACYBER G3 FT BELVOIR VA, CDRUSACYBER G33 FT BELVOIR VA, CDRUSAEIGHT G3 CUROPS SEOUL KOR, CDRUSAEIGHT SEOUL KOR, CDRUSAFRICA VICENZA IT, CDRUSAMEDCOM FT SAM HOUSTON TX, CDRUSARC G33 READ FT BRAGG NC, CDRUSARCYBER WATCH OFFICER FT BELVOIR VA, CDRUSARPAC CG FT SHAFTER HI, CDRUSARPAC FT SHAFTER HI, COMDT USAW CARLISLE BARRACKS PA, HQ IMCOM FT SAM HOUSTON TX, HQ INSCOM IOC FT BELVOIR VA, HQ SDDC CMD GROUP SCOTT AFB IL, HQ SDDC COC OPS G3 SCOTT AFB IL, HQ SDDC OPS MSG CNTR SCOTT AFB IL, HQ USARSO FT SAM HOUSTON TX, HQ USARSO G3 FT SAM HOUSTON TX, HQDA ACCESSIONS BDE WASHINGTON DC, HQDA ARMY STAFF WASHINGTON DC, HQDA ASAALT ASC HQ WASHINGTON DC, HQDA CSA WASHINGTON DC, HQDA EXEC OFFICE WASHINGTON DC, HQDA IMCOM OPS DIV WASHINGTON DC, HQDA SEC ARMY WASHINGTON DC, HQDA SECRETARIAT WASHINGTON DC, HQDA SURG GEN WASHINGTON DC, MEDCOM HQ EOC FT SAM HOUSTON TX, NETCOM G3 CURRENT OPS FT HUACHUCA AZ, NGB WASHINGTON DC, SMDC ARSTRAT CG ARLINGTON VA, SMDC ARSTRAT G3 ARLINGTON VA, SUPERINTENDENT USMA WEST POINT NY, SURGEON GEN FALLS CHURCH VA, USAR AROC FT BRAGG NC, USAR CMD GRP FT BRAGG NC, USAR DCS G33 OPERATIONS FT BRAGG NC, USARCENT G3 FWD, USARPAC COMMAND CENTER FT SHAFTER HI, HQDA ASA MRA WASHINGTON DC, HQDA AOC G1 PERSONNEL CONTRINGENCY CELL WASHINGTON DC, HQDA DCS G-1 WASHINGTON DC

CC: HQDA AOC DAMO ODO OPS AND CONT PLANS WASHINGTON DC, HQDA AOC G3 DAMO CAT OPSWATCH WASHINGTON DC, HQDA AOC G3 DAMO OD DIR OPS READ AND MOB WASHINGTON DC

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SUBJECT: HQDA EXORD 071-17 ACCESSIONS OCCUPATIONAL PHYSICAL ASSESSMENT TEST (OPAT) IMPLEMENTATION//

(U) REFERENCES:

REF//A/ DOD DIRECTIVE 1308.1, DOD PHYSICAL FITNESS AND BODY FAT PROGRAM, 30 JUNE 2004//
REF//B/ DOD INSTRUCTION 1308.3, DOD PHYSICAL FITNESS AND BODY FAT PROGRAMS PROCEDURES, 05 NOVEMBER 2002//
REF//C/ AR 600-9, THE ARMY BODY COMPOSITION PROGRAM, 28 JUNE 2013//
REF//D/ AR 350-1, ARMY TRAINING AND LEADER DEVELOPMENT, 19 AUGUST 2014//
REF//E/ FM 7-22, ARMY PHYSICAL READINESS TRAINING (PRT), 26 OCTOBER 2012//
REF//F/ DA PAM 611-21, MILITARY OCCUPATIONAL CLASSIFICATION AND STRUCTURE, 22 JANUARY 2007//
REF//G/ TRADOC OPORD 15-021, OCCUPATIONAL PHYSICAL ASSESSMENT TESTING (OPAT) IMPLEMENTATION, 16 OCTOBER 2015//
REF//H/ TRADOC OPORD 14-016, CONSOLIDATION OF PHYSICAL READINESS STUDY EFFORTS AND REPORTING ACROSS TRADOC AND COORDINATION WITH

READINESS EFFORTS ACROSS THE ARMY, 10 SEPTEMBER 2014//
REF//I/ HQDA EXORD 097-16 TO THE U.S. ARMY IMPLEMENTATION PLAN
2016-01 (ARMY GENDER INTEGRATION), 10 MARCH 2016//
REF//J/ AR 601-210 ACTIVE AND RESERVE COMPONENTS ENLISTMENT PROGRAM
DATED 08 FEBRUARY 2011 WITH RAPID ACTION REVISION, 12 MARCH 2013//
REF//K/ HQDA EXORD 021-15, OPTIMIZED PHYSICAL FITNESS, 08 NOVEMBER
2014//
REF//L/ SECRETARY OF THE ARMY MEMORANDUM, SUBJECT: PRELIMINARY
APPROVAL FOR IMPLEMENTATION OF THE ARMY OCCUPATIONAL PHYSICAL
ASSESSMENT TEST, DATED 09 DECEMBER 2016//

1. (U) SITUATION. AS LEADERS OF THE DEPARTMENT OF THE ARMY, WE MUST RECRUIT, TRAIN, AND EQUIP THE STRONGEST AND MOST CAPABLE FORCE POSSIBLE. THAT REQUIREMENT INCLUDES TAKING STEPS TO ENSURE THAT INCOMING SOLDIERS ARE SET UP TO SUCCEED. THE OCCUPATIONAL PHYSICAL ASSESSMENT TEST (OPAT) IS INTENDED TO HELP THE ARMY ASSESS THE CAPACITY OF INCOMING SOLDIERS TO SUCCEED IN THEIR ASSIGNED SPECIALTY, AND TO PREVENT OR MINIMIZE INJURIES BY INCREASING THEIR READINESS FOR TRAINING. THIS EXECUTION ORDER PROVIDES THE FRAMEWORK BY WHICH THE ARMY WILL IMPLEMENT THE OPAT AND APPLIES TO THE REGULAR ARMY (RA), THE US ARMY RESERVE (USAR), AND THE ARMY NATIONAL GUARD (ARNG). DETAILED IMPLEMENTATION GUIDANCE AND REPORTING REQUIREMENTS WILL FOLLOW VIA FRAGO.

2. (U) MISSION. ADMINISTER THE OPAT TO PREDICT THE ABILITY OF SOLDIERS TO SUCCEED IN PARTICULAR MILITARY OCCUPATIONAL SPECIALTIES (MOS) PRIOR TO TRAINING.

3. (U) EXECUTION.

3.A. (U) EFFECTIVE 03 JANUARY 2017, ALL SOLDIERS WILL ACHIEVE A SUCCESSFUL OPAT SCORE BEFORE REPORTING FOR INITIAL MILITARY TRAINING (IMT). ADDITIONALLY, ALL SOLDIERS WILL ACHIEVE A SCORE THAT QUALIFIES THEM FOR THEIR ASSIGNED MOS BEFORE REPORTING TO ADVANCED INDIVIDUAL TRAINING (AIT) OR ONE STATION UNIT TRAINING (OSUT).

3.B. (U) OPAT SCORES WILL BE COLLECTED AND RECORDED IN ABSOLUTE RAW SCORES (IN A FOUR-DIGIT FIELD - XXXX). APPLICANTS MUST MEET SPECIFIED CRITERIA-REFERENCED STANDARDS FOR EACH OPAT TEST EVENT BY PHYSICAL DEMAND CATEGORIES (PDC). THESE PDC'S ARE, HEAVY (BLACK); SIGNIFICANT (GRAY); MODERATE (GOLD); AND UNQUALIFIED (WHITE). THE MINIMUM PASSING SCORES FOR THE HEAVY PHYSICAL DEMANDS SPECIALTIES ARE: LJ- 0160 CM, PT- 0450 CM, SD- 0160LBS, IR- 0043 SHUTTLES; SIGNIFICANT PHYSICAL DEMANDS SPECIALTIES: LJ-0140 CM, PT- 0400 CM, SD- 0140 LBS, IR- 0040 SHUTTLES; AND MODERATE PHYSICAL DEMANDS SPECIALTIES: LJ- 0120 CM, PT- 0350 CM, SD- 0120 LBS, IR- 0036 SHUTTLES.

3.C. (U) TASKS TO ARMY STAFF AND SUBORDINATE UNITS.

3.C.1. (U) COMMANDER, US ARMY TRAINING AND DOCTRINE COMMAND

(TRADOC).

3.C.1.A. (U) ADMINISTER THE OPAT TO ALL U.S. ARMY APPLICANTS.

3.C.2. (U) COMMANDER, U.S. ARMY RESERVE COMMAND (USARC).

3.C.2.A. (U) SUPPORT TRADOC IN THE EXECUTION OF OPAT TESTING. ADMINISTER THE OPAT TO APPLICANTS ENTERING IMT FROM THE UNITED STATES ARMY RESERVE.

3.C.3. (U) DIRECTOR, ARMY NATIONAL GUARD, AS DIRECTED BY CHIEF, NATIONAL GUARD BUREAU.

3.C.3.A. (U) SUPPORT TRADOC IN THE EXECUTION OF OPAT TESTING. ADMINISTER THE OPAT TO APPLICANTS ENTERING IMT FROM THE ARMY NATIONAL GUARD.

3.D. (U) COORDINATING INSTRUCTIONS.

3.D.1. (U) THIS ORDER IS EFFECTIVE FOR EXECUTION UPON RECEIPT.

3.D.2. (U) DETAILED TESTING INSTRUCTIONS ARE ATTACHED (ATTACHMENTS 1-4).

4. (U) SUSTAINMENT. NOT USED

5. (U) COMMAND AND SIGNAL.

5.A. (U) COMMAND. ALL ORGANIZATIONS, UNITS AND STAFFS REFERENCED IN THIS ORDER ARE IN SUPPORT OF TRADOC FOR OPAT IMPLEMENTATION.

5.B. (U) SIGNAL.

5.B.1. (U) HQDA G-3/5/7 POINT OF CONTACT: SGM WALTER OVERTON, 703-614-2854, WALTER.D.OVERTON.MIL@MAIL.MIL.

5.B.2. (U) HQ, TRADOC G-3/5/7 POINT OF CONTACT: MR. JACK MYERS, 757-501-5834, JOHN.H.MYERS32.CIV@MAIL.MIL.

5.B.3. (U) HQ, TRADOC CIMT POINT OF CONTACT: DR. CHIP EAST, 757-501-7067, WHITFIELD.B.EAST.CIV@MAIL.MIL.

5.B.4. (U) HQDA DCS, G-1 POINT OF CONTACT: MR. PAUL ASWELL, 703-695-7693, PAUL.L.ASWELL.CIV@MAIL.MIL.

5.B.5. (U) HQ IMCOM POINT OF CONTACT: MR. DARRELL MANUEL, 210-466-1342, DARRELL.L.MANUEL2.NAF@MAIL.MIL

ACKNOWLEDGE:

ATTACHMENTS:

1 - OPAT SCORECARD

- 2 - OPAT TEST SET-UP
- 3 - OPAT TESTING INSTRUCTIONS
- 4 - OPAT MOS/AOC BINNING SPREADSHEET

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