

Status: ACTIVE

USAREC MSG: 17-010, Supersedes: 16-073

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231200 November 2016 (EST)          USAREC MESSAGE 17-010
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                                From:  Headquarters USAREC
                                To:    All Recruiting Personnel

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SUBJECT: Occupational Physical Assessment Test (OPAT). (UPDATED)

MAJOR UPDATE:

1. Effective 27 December 2016, all Regular Army and Army Reserve shippers will require the successful completion of the OPAT after enlistment into the Future Soldier Training Program (FSTP) (DEP/DTP/DS) as specified by the physical demands categories (PDC). Every Military Occupational Specialty (MOS) has a PDC.

2. PDCs (Binning Spreadsheets) are categorized as;

- a. Heavy 'H'
- b. Significant 'S'
- c. Moderate 'M'
- d. Unprepared 'U'*

Achieving PDC 'H' qualifies a Future Soldier (FS) for all MOSs under that category and in addition all MOSs under category 'S' and 'M'. Achieving category 'S' qualifies a FS for all MOSs under that category and category 'M'. Achieving category 'M' only qualifies a FS for MOSs under that category.

*There are no MOSs that fall under category 'U'.

3. OPAT will NOT be administered without the FS signing the OPAT consent form. Consent form and OPAT score card will be uploaded in Recruiter Zone (RZ) under the core admin folders bearing the titles of the forms. Reservation cancellation and discharge procedures will be initiated for FSs refusing to consent to take the OPAT.

4. Recruiters will enter the raw scores from the OPAT in RZ. Select the "Future Soldier's Questionnaires" page under "I Want To...", "Maintain Occupational Physical Assessment Tests." Select 'Add' in the "Enter and Update OPAT Scores" page. Beginning with the test date, complete each section to record the results of the FS's OPAT.

- a. Test date
- b. Standing Long Jump (must enter 4 digits; start with 0).
- c. Seated Power Throw (must enter 4 digits; start with 0).
- d. Strength Deadlift (click the drop down arrow and select the highest weight successfully lifted correctly).
- e. Interval Aerobic Run (list the last successful Level#, Shuttle#, and Total# of shuttles in the appropriate boxes).
- f. All steps must be completed to update or add an OPAT score.

5. Once all the scores have been entered, select the "save" button. The new scores will be added to the summary box along with the summary of the previous scores. After the OPAT has been saved, select the score and verify option to populate REQUEST.

- a. At the end of November a report will push the OPAT PDC to REQUEST. (Only the PDC will populate in REQUEST, not the raw scores.)
- b. 02 January 2017, the FS's record will be flagged and will be unable to be ship confirmed, if the PDC does not exceed or match the MOS PDC requirement.
- c. Attention must be given to shippers to ensure that we do not ship anyone who did not meet the PDC requirements for their MOS. Systems will not flag anyone immediately. All recruiting personnel must set up a method to monitor OPAT tests and scores.

6. FSs may complete multiple OPATs. Regardless of the results of multiple tests, the best score is the score of record.

7. The initial OPAT test must be administered within the first 30 days in DEP/DTP/DS. OPAT retests are authorized 30 days from the previous test.

NOTE: Recruiters will establish a Physical Readiness Training Path IAW UR 601-210, O-5 to assist and prepare FSs with OPAT testing.

8. BDE commanders have been delegated by the CG as the exception approval authority for OPAT.

9. ETPs;

- a. Must have approval by the BDE commander.
- b. An ETP workflow will be submitted from BN to BDE.
- c. The approval/disapprove may be in email format and must be uploaded in the FS's record.
- d. GCs must annotate in freeflow remarks any ETP or renegotiation on the DD1966.
- e. ETP example: request an ETP to retest earlier than the 30 day waiting period.

10. Renegotiation for OPAT must be completed NLT 30 days prior to the ship date. FSs who do not meet the PDC requirement for the MOS they have enlisted for can be given as many opportunities to pass while in the DEP/DTP/DS and not less than 30 days. Renegotiation will be authorized in another MOS under a different category if the FS fails to qualify for their enlistment MOS.

11. Renegotiation use the following codes:

- a. OF - Failed to achieve the minimum OPAT score (U-Unprepared).
- b. OP - Exceeded current MOS OPAT Score; for example: FS MOS PDC requirement 'M'. However, FS OPAT score is category 'H'. FS could request to renegotiate in a MOS with an OPAT score category 'S' or 'H'.
- c. OD - Failed to achieve minimum OPAT score for MOS; for example FS MOS PDC category is 'H'. However, FS OPAT score is category 'S'. The FS must renegotiate in a MOS with an OPAT score category 'S' or 'M'.

12. Cancellation use the following codes:

- a. OF - Failed achieve minimum OPAT score.
- b. OD - Failed to achieve minimum OPAT score for MOS.
- c. OR - FS refused to take OPAT.

13. Passing OPAT scores are valid for the duration of time spent in the DEP/DTP/DS or until the completion of ESL, if required. Passing OPAT scores for applicants who were taken as a previous loss are valid for one (1) year from date of test.

14. Army PS/GNPS OPAT validity period is 36 months past their Military Service Obligation (MSO).

a. RA PS/GNPS applicants who are enlisting in their original MOS are not required to be administered the OPAT. PS/GNPS who are not enlisting in their original MOS are required to be administered the OPAT if the PDC for the MOS they are enlisting in has a higher PDC. Example-Soldier is MOS qualified as 92G and enlists in 11X. The Soldier's original MOS has an OPAT PDC of 'S', the Soldier must test and pass OPAT with an 'H' to qualify and ship as an 11X.

b. AR PS/GNPS applicants who enlist in a 'will-train' MOS that is not their original MOS with a different OPAT PDC are required to take the OPAT at their respective unit. AR PS/GNPS who have to attend AIT must meet the OPAT PDC for the AIT they are scheduled for.

15. 6BDE DEP Trips and Remote Alaska.

a. RA and AR applicants processing from the Federal States of Micronesia (FSM), Palau or the Republic of Marshall Islands (RMI), who enlist remotely as a result of a MEPS DEP trip will take the OPAT during the 3-5 day period that the FS is on Guam attending FS training and submitting a Social Security Number/Card SSN request.

b. RA and AR applicants processing at Anchorage MEPS who are flown in from remote locations under RSID 6L6S or 6L6G will take the OPAT during the day after enlistment if they are NOT within a 2 hour radius. The FSs will be held over for the test. The test will be given by Anchorage North or Anchorage South centers.

16. MOS 09C (FLRI Program) requires a minimum 'M' category. The USAREC liaison at Lackland AFB will renegotiate the Soldier in a MOS upon successful completion of English as a Second Language (ESL) using the PDC attained while in the FSTP.

17. Enlistments for Option 4 (Airborne) or 40 (Ranger) will be determined by the selected MOS. Example-11X Option 4 and 40 is an 'H', 92G Option 4 and 40 is a 'S'.

18. ACASP FSs are required to qualify in an OPAT PDC for the ACASP MOS they enlisted in whether or not they are required to attend AIT.

19. MAVNI enlistments under MOS 09U (RA) will test and must score in one of the three PDCs (H/S/M). When MOS selection is renegotiation the FS will be restricted to the MOS based on their OPAT PDC.

20. Officer MOSs; 09B/Q/R/S/W all require "M" category prior to shipping.

21. AR Split Shippers (those who will ship for Phase II in FY17) are

authorized a HQ USAREC ETP to ship to AIT without an OPAT test or score.

22. Comprehensive training for recruiters is available using the link below. Cut and paste the full link into your web browser.

<http://span.usarec.army.mil/sites/HQ/G3/Training/TSP/Documents/Forms/AllItems.aspx?RootFolder=%2Fsites%2FHQ%2FG3%2FTraining%2FTSP%2FDocuments%2FOPAT%20Training%20the%20Trainer%20Documents&FolderCTID=0x012000B0130D123E58AF4BB34265C254917286&View={50DB2925-A6FE-40FD-BD03-17BA10DE7543}>

23. OPAT information to include the PDC (Binning Spreadsheets), Scorecard, Consent Form, Testing Instruction and Video links are available in iKROME, EEPD on both the ROC and Policy pages. Copy and paste the full link into your web browser.

<http://ikrome.usaac.army.mil/web/usarec/viewlink?goto=http://span.usarec.army.mil/sites/HQ/G3/SitePages/Home.aspx>

In iKROME, select "G3/5 Plans and Operations." Under Division, select "Enlistment Eligibility Processing Division" (EEPDP). Once you are on the opening page, tabs are available for each Branch within EEPDP. OPAT can be located on both the 'ROC' and 'Policy' pages.

24. UM 16-073 has been rescinded.

25. References:

- a. HQDA EXORD 202-16 Occupational Physical Assessment Test (OPAT) Implementation, dated 16 June 2016.
- b. FM 7-22, Army Physical Readiness Training (PRT), 6 October 2012.
- c. HQ USAREC Operation Order 16-0006, Occupational Physical Assessment Test (OPAT) IOC and FOC.
- d. Training and Doctrine Command (TRADOC) OPORD 15-021, TRADOC Occupational Physical Assessment Test (OPAT) Implementation, 16 October 2015.
- e. AR 601-210, Active and Reserve Component Enlistment Program, dated 08 February 2011 with Rapid Action Revision (RAR) dated 12 March 2013.
- f. UR 601-210, Enlistment and Accessions Processing, dated 01 March 2015, with RAR 29 June 2015.
- g. Delegation of Approval Authority for OPAT Testing Memo, dated 19 August 2016.

26. POC for this message through your chain of command is EEPDP, Policy Branch, USAREC HQS RCRO-EPP at (800) 688-9203 ext 3.

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